



D/FW Hindu Temple Society

==== **Ekta Mandir** ====

Cordially invites you, your family and friends to

Introductory Session on

Art of Living

Breathing, meditation techniques, yoga and Stress management processes

Sunday, June 7th 2015 - 10:15 am to 11:45 am

D/FW Hindu Temple Meditation Hall

Conducted in Gujarati / Hindi by

Miss Chetanshi Dave

Chetanshi Dave is a prominent Art of Living faculty,

trained by **His Holiness Sri Sri Ravi Shankar ji.**

She belongs to well-known family in Ahmedabad, Gujarat, involved in health care services.

She had completed her Bsc MLT from Sheth Vadilal Hospital of Ahmedabad & had

a successful career before devoting herself to teaching these programs.

Event Chair: Satyanarayana Bodla - 817-571-4262

Event Co-Chair: Dilip Shah - 214-680-9895

For more information contact

214-425-4009 or 937-708-0063

For other events please visit www.dfwhindutemple.org or call 972-445-3111

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